

We're here to help

We have an international toll-free number so that you can reach us when you're outside Canada and the U.S. Use this number for both group benefits and workplace retirement savings plan questions.

Universal Toll-Free Number (UTFN) is **800-9876-5470**

The UTFN is available from the countries listed below. You'll need to add the international access code for the country you're calling from before dialing the UTFN. For example, if you're calling from Argentina you'd need to dial 00.800.9876.5470.

What to do if you're calling from a country that doesn't support the UTFN

- Call us collect at **1-514-866-2562** from 8 a.m. to 8 p.m. ET, Monday to Friday.
- Sign in to **mySunLife.ca** and use the **Chat live now** function between the same hours.

Countries that support the UTFN

- Argentina
- Australia
- Belgium
- China
- Colombia
- Denmark
- Finland
- France
- Germany
- Hong Kong
- Hungary
- Ireland
- Israel
- Italy
- Japan
- Luxembourg
- Malaysia
- Netherlands
- New Zealand
- Norway
- Philippines (*may only be accessible from a land-line*)
- Portugal
- Singapore
- South Korea
- Spain
- Sweden
- Switzerland
- Taiwan
- United Kingdom

